

THE PROBLEM

While gyms, studios, and traditional equipment are adequate exercise solutions for some, the fact remains that 80% of the North American population fail to achieve the recommended amount of physical activity.

This means that existing options are not adequate for most people. They need solutions which are more convenient and practical.



THE QUESTION

What if there was a single piece of equipment that was both compact and versatile, fit into any space, and delivered the functionality of multiple pieces of equipment?

THE ANSWER

The patented Evolution is a compact (3 feet x 3 feet), versatile (200+ exercises), and functional exercise system.

With one multi-functional system, users have access to assistance, resistance, parallel bars, and much more.

And, not only is the Evolution strong, sturdy, and durable, but also easy to assemble and relocate.





PRODUCT SPECS

Package Size: 37 x 37 x 6" (L x W x H)

Assembled Size: 36 x 36 x 36 - 54" (L x W x H)

Assembled Weight: 95lbs (43kg)

Material: Steel Frame, Plywood Platform

Assembly Time: 1 minute

Weight Capacity: 300lbs (on Parallel Bars)

Exercises: 200+

Included Resistance: 170lbs



WHAT MAKES IT DIFFERENT?

Traditional fitness equipment falls under one of two categories: functional but large, heavy, and cumbersome; or compact, light, and simple but limited. The Evolution is the best of both worlds.

It is an all-in-one system that gives users assistance for foundation development, resistance for muscle development, parallel bars for strength development, and everything in between. All in just 9 square feet!



WHO IS IT FOR?

There are many practical applications for the Evolution. Whether it is for exercisers at home, rehab/physio practitioners in a clinic, or athletes in a training facility, the Evolution has something unique to offer.



THE QUALITY

The frame is durably constructed from steel and finished with a durable powder-coat.

The platform is solidly built with a 3/4" plywood substrate and wrapped with a high-density anti-slip material.

It is built to last!

WHY RESISTANCE BANDS?

Resistance bands are a practical exercise solution. Not only are they effective, they are extremely low-impact and allow users to exercise in the safest manner

The Evolution further extracts the awesome potential of resistance bands. Not only that, users can add/reduce resistance and transition from exercise to exercise with ease.





THE EXERCISES

With over 200 exercises in our library, there are exercises for every muscle and workouts for every goal. The options are virtually endless! Regardless of the goals they have or the service they provide, the Evolution is the piece of equipment they need.

THE SUPPORT

To ensure that your users and practitioners know how to use their Evolution, an Online Training System was created that provides access to hundreds of exercise videos, assembly videos, and other instructional videos.















THE OPPORTUNITY

Most people don't enjoy exercising in gyms and they don't want to consume their homes with large and cumbersome equipment. The pandemic has only amplified these issues. Many practitioners are transitioning to in-home practices or downsizing to smaller office spaces.

This is your chance to offer them the most compact, versatile, and functional exercise system.

ABOUT US

EvolutionVN makes exercise convenient, effective, and more sustainable. The patented Evolution was invented in 2016 by owner and inventor, Vu Nguyen, who has long-tenured backgrounds as an engineer and personal trainer.

CONTACT

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